



# Kankakee Area YMCA Walker (Large) Pool Schedule July 14 - August 4, 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:00-8:00 am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00am	Adult Open Lap Swim (3 lanes) 8:15 - 10:00am
Swim Lessons Lap Swim (1 Lane) 9am - 11:15am	Swim Lessons Lap Swim (1-2 lane) 9:00am-11:00am	Swim Lessons Lap Swim (1 Lane) 9am - 11:15am	Swim Lessons Lap Swim (1-2 lane) 9:00am-11:00am	Open Swim Lap Swim (3 lanes) 9:00am-10:00am	Swim Lessons Lap Swim (1 lane) 9:00 - 11:15am	
Open Swim 2 lane Lap Swim 1 lane ST 3-4 lane 11:15 - 12:30pm	Swim Lessons Open Swim (2 lane) Lap Swim (2 lane) 11:05 - 12:25pm	Open Swim 2 lane Lap Swim 1 lane ST 3-4 lane 11:15 - 12:30pm	Open Swim (3 lane) Lap Swim (3 lane) 11:05 - 12:25pm	Open Swim (3 lane) Lap Swim (3 Lanes) 10:00am - 12:25pm		
Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:25 - 1:15pm	Open Swim (3 lane) Lap Swim (3 lane) 11:20am - 4:00pm	Open Swim (3 lane) Lap Swim (3 lane) 12:30 - 3:30pm
Camp lessons Lap Swim (1 lane) 1:20 - 3:40pm	Camp Swim Open Swim Lap Swim (2 lanes) 1:35 - 3:40pm	Camp Swim Open Swim Lap Swim (2 lane) 1:20 - 3:40pm	Camp Swim Open Swim Lap Swim (2 lanes) 1:30 - 3:40pm	Camp Swim Open Swim Lap Swim (2 lane) 1:20 - 3:40pm		
Open Swim Lap Swim (2 lane) 3:45 - 4:55pm	Open Swim (1-2 lane) Lap Swim (1 lane) ST (4 lane) 3:45 - 4:10pm ST (2-3 lane) Lap (1 lane) Swim Lessons 4:10 - 5pm	Open Swim Lap Swim (2 lane) 3:45 - 4:55pm	Open Swim (1-2 lane) Lap Swim (1 lane) ST (4 lane) 3:45 - 4:10pm ST (2-3 lane) Lap (1 lane) Swim Lessons 4:10 - 5pm	Lap Swim (2 lane) ST (4 lane) 3:45 - 5pm		
Swim Lessons Lap Swim (1 Lane) 5:00 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm	Swim Lessons Lap Swim (1 Lane) 5:00 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm	Open Swim (2 lane) Swim Lessons Lap Swim (2 lane) 5:05 - 6:30pm	<p>Lap lanes will only be available during designated times. Please observe lap lane etiquette: if 3 or more people are wishing to swim laps, circle swimming will need to be observed. Preference will be given to lappers willing to share a lane.</p> <p>During open swim, children under the age of 13 years must have an adult present in the facility. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim. All swimmers must shower in the locker room prior to entering the pool.</p>	
Open Swim Lap Swim (1 lane) 6:30 - 7:30pm ST (3 lane) 6:30 - 7:45pm	Open Swim Lap Swim (1 lane) ST (3 Lane) 6:30 - 7:45pm	Lap Swim (1 lane) 6:30 - 7:30pm ST (3 lane) 6:30 - 7:45pm	ST (2 -3 Lane) Swim Lessons 6:30 - 7:45pm Lap Swim (1 lane) 7:05 - 7:45pm	<p><b>August 9, 2024</b> Pool will close at 6PM for Lifeguard Training</p>		
Open Swim Lap Swim (2-3 lane) 7:30 - 8:30pm	Open Swim (3 lane) Lap Swim (3 lane) 7:45 - 8:30pm	Open Swim Lap Swim (2-3 lane) 7:30 - 8:30pm	Open Swim (3 lane) Lap Swim (3 lane) 7:45 - 8:30pm			
<p>Legend: Blue = Lap Swim    Red = Open Swim    Green = Aqua Fitness Purple = Rentals    Black = Swim Lessons/Swim Team</p>						
<p>This schedule was last updated on 7/11/2024. Pool schedule may change for programming needs.</p>						

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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